



**Fourth
Quarter
2018**

Paddling Program As at 12 September 2018

President	Neville Garrity	9386 3168
Vice President	Brian Mooney	0437 774 879
Secretary	Sue Walker	9342 2854
Treasurer	Rick Poole	9409 6703

The Club provides the opportunity for people to paddle as part of a group of no less than three paddlers. Everyone who participates in any Club paddle does so voluntarily and at their own risk. At no time does the Club require anyone to participate in any Club paddle. The Club advises people not to participate in a Club paddle if they feel the conditions are unfavourable for them, or if they consider they do not have the necessary health, paddling skills or level of fitness.

The Club may, at any time, vary or cancel any Club paddle when the Club considers the weather or water conditions make the programmed paddle unsafe. If on the night before a paddle, the forecast maximum temperature for the day of the paddle is 35 degrees or more, groups of paddlers may commence paddling from 8.00 am provided each group has no less than three paddlers.

For each standard weekly paddle, a rostered Car Guard will bring a copy of the Paddle Attendance Sheet to the meeting point and will register all paddlers and mind the car keys for any paddler who does not want to carry their keys in their kayak.

The schedule for each standard weekly paddle is:

- **Prior to the Pre-Paddle Briefing**, all paddlers must have their kayaks at the water's edge and be ready to paddle.
- **Prior to the Pre-Paddle Briefing**, all paddlers must register with the Car Guard and nominate the Group with which they wish to paddle. The minimum Group size at all times is 3 paddlers.
- **All paddlers are to attend the Pre-Paddle Briefing.**
For the months Jan-Apr and Nov-Dec, the Pre- Paddle Briefing is at 9.00am.
For the months May-Oct, the Pre-Paddle Briefing is at 9.30am.
- **Following the Pre-Paddle Briefing**, paddlers will launch their kayaks in the Group order designated at the Briefing.
- Paddlers and other Members and friends are welcome to join together for a picnic lunch after the standard weekly paddle. People provide all their own food and drinks except that the Club provides a sausage and roll on programmed sausage sizzle days and Members may bring a cake or something similar to share when it is their birthday week.

Fri 5 Oct	Johnston St – Peppermint Grove - Upstream	Family Picnic School Holidays
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Park in Lilla Street or Johnston St. Launch area is the beach adjacent to the boat ramp about 30 mt from the boat ramp or 80 mt from Lilla St. Meet on the lawn at Lilla St.

“A Fast” and “A” Groups – Follow the shoreline upstream to Point Resolution and then follow the Dalkeith shoreline to Pelican Point. Round the point and proceed to Matilda Bay coffee shop. Return via same route. (Approx 14 km).

“B” Group – Follow the shoreline upstream to Point Resolution. Then follow the Dalkeith shoreline to the Perth Flying Squadron. Turn and cross the river to Point Walter for coffee and rest break. Return via end of sand bar and cross the river to Swan Canoe Club and back to launch area. (Approx 8 km).

“C” Group – Follow the shoreline upstream to Point Resolution. Turn cross the river to Point Walter for coffee and rest break. Return via end of sand bar and cross the river to Swan Canoe Club and back to launch area. (Approx 6 km).

Fri 12 Oct	Middle Swan Reserve – Middle Swan – Downstream – OR Garrett Rd Bridge - Upstream	Alternative paddles
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Middle Swan Reserve – West Swan - Downstream

Parking is at the end of Middle Swan Rd off Reid Hwy. Launch area is the pontoon 50-100 mt from car park area and possibly nearby bank spots. Meet at the launch area. Some paddlers find these launch sites too difficult so if anyone has any concerns they should do the alternative paddle.

“A” and “A” Groups – Paddle downstream past the brickworks (LHS), Caversham house (RHS), Woodbridge (LHS), to Lilac Hill Park (RHS). Turn back upstream for rest break the Rowing Club Pool at Woodbridge. Optional coffee at Woodbridge Cafe. Return to launch area. (Approx 12.2km)

“B” Group – Paddle downstream past the brickworks (LHS), Caversham house (RHS), to the Rowing Club Pool at Woodbridge for rest and optional coffee at Woodbridge Cafe. Return upstream to the launch area. (Approx. 9.5km)

Garratt Rd Bridge – Bayswater - Upstream

Park in the carpark at the toilet block at the end of Milne Rd. Launch area is about 30 m from the carpark. Meet on the lawn next to the carpark

“A Fast” and “A” Groups – Paddle upstream past Claughton Reserve, Garvey Park, Sandy Beach Reserve to Point Reserve and return to Ascot Kayak Club Kiosk for coffee. Return to launch area. (Approx 13.2 km).

“B” Group - Paddle upstream past Claughton Reserve, Garvey Park, Sandy Beach Reserve and return to Ascot Kayak Club Kiosk for coffee. Return to launch area. (Approx 8.2 km).

“C” Group - Same direction and route as “B” Group but a suggested reduced paddle distance of approximately 6 km.

Sat 13 –Sun 14 Oct		Moore River Camp
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Fri 19 Oct	Point Walter Reserve – Bicton - Upstream	
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Park in the boat trailer carpark beyond the end of Burke Drive, opposite the first toilet block. Launch area is the beach about 30 mt from the car park. Meet on the lawn next to the carpark.

“A Fast” and “A” Groups – Paddle upstream past Applecross Jetty to Canning Bridge beach for coffee break at Raffles Hotel or take-away coffee from IGA. Return to launch area. (Approx 14 km).

“B” Group - Paddle upstream past Applecross Jetty to beach near Sea Scout building and land at bottom of steps up to Heathcote for coffee break. Return to launch area. (Approx 10.2 km).

“C” Group - Same direction and route as “B Group” but a suggested reduced paddle distance of approximately 6 km.

Fri 26 Oct	Garvey Park – Redcliffe - Upstream	Committee Meeting
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Park in the car park at the end of Fauntleroy Ave, behind the Ascot Kayak Club, if room. Launch area is the beach in front of the Kayak Club, about 50 mt from the car park. Meet at the launch area.

“A Fast” and “A” Groups - Paddle upstream past Sandy Beach Reserve and Point Reserve, to the Rowing Club Pool at Woodbridge. “A” Group rest break and coffee at Woodbridge Cafe. “A Fast” may continue on to Woodbridge Riverside Reserve for rest and coffee. Return to launch area. (Approx 15 km or 17 km).

“B” Group - Paddle upstream past Sandy Beach Reserve to Point Reserve. Enter Helena River to test access, and return to Point Reserve for rest break. BYO coffee. Return to launch area. (Approx 9.5 km).

“C” Group - Same direction and route as “B” Group but a suggested reduced paddle distance of approximately 6 km.

For the months November - April, the Pre- Paddle Briefing is at 9.00am.

Fri 2 Nov	Shelley Foreshore Reserve – Shelley - Downstream	
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Park on Riverton Dr near the toilet block. Launch area is 80 mt from the road. Meet on the lawn downstream from the toilet block.

“A Fast and A Groups”– Paddle downstream to Mt Henry Bridge and then Canning Bridge to South of Perth Yacht Club. Return under Canning Bridge to the beach at the boat sheds. Takeaway coffee is available at the IGA. Return to launch area. (Approx 12 km).

“B Group” – Paddle downstream to Mt Henry Bridge to the beach at the boat sheds just before Canning Bridge. Takeaway coffee is available at the IGA. Return to launch area. (Approx 10 km).

“C Group” – Paddle downstream to Deep Water Point for refreshment break. Return. (Approx 7.5 km).

Sun 4 Nov - Fri 9 Nov		Walpole Camp
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Fri 9 Nov	Point Reserve – Bassendean - Upstream	
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Park in the car parks at the end of Surrey St. Launch area is about 50 mt from lower car park. Meet at the launch area.

“A Fast” and “A” Groups - Paddle upstream past Fish Market Reserve (RHS), Success Hill Reserve (LHS), Lilac Hill Park (LHS), Marshall Park (RHS) to Reg Bond Reserve (RHS). Turn back downstream to Woodbridge Riverside Park (LHS) **or** Rowing Club Pool (LHS) at Woodbridge for rest and coffee. Return to launch area. (Approx 15 km)

“B” Group - Paddle upstream past Fish Market Reserve (RHS), Success Hill Reserve (LHS), Lilac Hill Park (LHS) to Rowing Club Pool (RHS) at Woodbridge **or** Woodbridge Riverside Park (RHS) for rest and coffee. Return to launch area. (Approx 8 km or 10 km)

“C” Group - Same direction and route as “B” Group but a suggested reduced paddle distance of approximately 6 km.

Fri 16 Nov		Christmas Lunch
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Fri 23 Nov	Johnston St – Peppermint Grove - Downstream	
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Park in Lilla Street or Johnston St. Launch at beach adjacent to the boat ramp about 30 mt from the boat ramp or 80 mt from Lilla St. Meet on the lawn at Lilla St.

“A Fast and A Groups” - Downstream, following the right bank to Chidley Point and on to Point Roe. Assemble and cross the shipping channel en masse. Paddle downstream on left bank to Stirling Bridge or Fremantle Bridge. Return to Dome Café or Zephyr Café for coffee. Return via right bank to a point opposite Chidley Point. Cross the channel en masse toward Mosman Park and return to Johnson St. (Approx 13km).

“B Group” - Downstream, following the right bank to Chidley Point and on to Point Roe on RHS. Cross river at red marker in mid river. Assemble and cross the shipping channel en masse. Paddle downstream on left bank to Zephyr Café or Dome Café for coffee. Return via right bank to a point opposite Chidley Point. Cross the channel en masse toward Mosman Park and return to Johnson St. (Approx 10.5 km).

“C Group” - Same direction and route as “B Group” but a suggested reduced paddle distance of approximately 6 km.

Fri 30 Nov	Maylands Yacht Club – Maylands - Upstream	
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Park in the Yacht Club carpark at the end of East Street. Launch area is the beach 50 mt from the carpark. Meet on the lawn adjacent to the carpark.

“A Fast and A Groups” – Paddle upstream and through Ascot Waters and then to about Garratt Dr Bridge and return downstream to Tranby House for coffee. Return to launch area. (Approx 12.5 km).

“B Group” – Paddle upstream to Tranby House for coffee. Return to launch area. (Approx 9 km).

“C Group” - Same direction and route as “B Group” but a suggested reduced paddle distance of approximately 6 km.

Fri 7 Dec	Coode St Jetty – South Perth – Downstream	
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Park in the carpark left off the end of Coode St and downstream from the Boatshed Café.

Launch area is the beach about 20 mt from the carpark. Meet on the lawn next to the river.

“A Fast” and “A” Groups – Paddle downstream via Narrows Bridge and Matilda Bay to Broadway Nedlands. Return to Matilda Bay kiosk for coffee. Return, carefully crossing shipping channels, via South Perth foreshore to launch area. (Approx 14.5 km).

“B” Group – Paddle downstream via Narrows Bridge to Matilda Bay kiosk for coffee break. Return, carefully crossing shipping channels, via South Perth foreshore to launch area. (Approx 10.5 km).

“C” Group - Same direction and route as “B Group” but a suggested reduced paddle distance of approximately 6 km.

Fri 14 Dec	Applecross Jetty – Applecross – Downstream	Committee Meeting School Holidays
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Parking is at the end of Ardross St, Applecross. Additional parking is near the toilet block about 70 mt away. Launch area is about 100 mt from the car park. Meet at the launch area.

“A Fast” and “A” Groups - Downstream and cross the river to Keanes Point, Peppermint Grove for coffee break. Return to launch area. (Approx 12.0km).

“B” Group - Downstream to Point Walter for coffee break. Return to launch area. (Approx 8.7 km)

“C” Group - Same direction and route as “B” Group but a suggested reduced paddle distance of approximately 6 km.

Fri 21 Dec	Garratt Rd Bridge – Bayswater – Downstream	School Holidays
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Park in the carpark at the toilet block at the end of Milne Rd. Launch area is about 30 m from the carpark. Meet on the lawn next to the carpark

“A Fast” and “A” Groups – Paddle downstream passing Tranby House and Maylands Yacht Club, to Banks Reserve for rest at beach and toilets. Return upstream to Tranby House for coffee. Return to launch area. (Approx 14.4 km)

“B” Group – Paddle downstream passing Tranby House, to water ski beach close to Graham Farmer Freeway for rest and toilets. Return to Tranby House for coffee. Return to launch area. (Approx 8.4 km)

“C” Group - Downstream passing Tranby House, cross to boat ramp near Sandringham Hotel for rest and toilets. Return to Tranby House for coffee. Return to launch area. (Approx 6.0 km)

Fri 28 Dec	Deep Water Point - Upstream	School Holidays
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Park at the upstream end of the main carpark. Launch area is the beach adjacent to the carpark, about 30 mt from the carpark. Avoid the main water ski take off area which starts just upstream from the boat ramp. Meet on the lawn between the carpark and the beach.

“A Fast” and “A” Groups - Paddle upstream, following the right hand bank and pass under the Mt Henry Bridge. Continue to the end of Bull Creek before turning to follow the foreshore upstream past Shelley Beach. Pass under Shelley Bridge to Lo Quay Kiosk for coffee break. Return directly downstream to Deep Water Point. (Approx 14 km)

“B” Group – Paddle upstream, following the right hand bank and pass under the Mt Henry Bridge. May continue up Bull Creek before turning to follow the foreshore to Shelley Beach Reserve for toilet and break OR omit Bull Creek and paddle upstream to Lo Quay Kiosk for coffee break. Return directly downstream to Deep Water Point. (Approx 9.5 km or 12 km)

“C” Group - Same direction and route as “B” Group but a suggested reduced paddle of approximately 6 km.

Annual Special Events Calendar

February	Club Restaurant Dinner	Sat 10	
February	Sausage sizzle	Friday 16	
April	Sausage sizzle	Fri 20	
April	Rottnest Camp	Mon 9 – Sat 14	
May	Mandurah Camp	Fri 25 – Sun 27	
June	Club Anniversary Lunch	Fri 8 Jun	
Aug-Sep	Possible Kalbarri Holiday Week	To be determined	Expressions of interest to Kevin Hall
September	Club Restaurant Dinner	Sat 15	
October	Family Picnic	Fri 5 Oct	
October	Moore River Camp	Sat 13 – Sun 14	
October	Travel Talks	Wed 24	
November	Walpole Camp	Sun 4 - Fri 9	
November	Christmas Lunch	Fri 16	
December	No moonlight paddle	Full moon 23 Dec	Moon rise 7.58 pm