



**Second  
Quarter  
2018**

## Paddling Program As at 17 March 2018

<b>President</b>	Neville Garrity	9386 3168
<b>Vice President</b>	Brian Mooney	0437 774 879
<b>Secretary</b>	Sue Walker	9342 2854
<b>Treasurer</b>	Rick Poole	9409 6703

The Club provides the opportunity for people to paddle as part of a group of no less than three paddlers. Everyone who participates in any Club activity does so voluntarily and at their own risk. At no time does the Club require anyone to participate in any Club activity. The Club advises people not to participate in a Club paddle if they feel the conditions are unfavourable for them, or if they consider they do not have the necessary health, paddling skills or level of fitness.

This Program covers the period 1 April to 30 June 2018. The Club may, at any time, vary or cancel any Club paddle when the Club considers the weather or water conditions make the programmed paddle unsafe. If on the night before a paddle, the forecast maximum temperature for the day of the paddle is 35 degrees or more, groups of paddlers may commence paddling from 8.00 am provided each group has no less than three paddlers.

For each paddle, a rostered Car Guard will bring a copy of the Paddle Attendance Sheet to the meeting point and will register all paddlers and mind the car keys for any paddler who does not want to carry their keys in their kayak.

The schedule for each standard weekly paddle is:

- **Prior to 8.55 am**, all paddlers are to have their kayaks at the water's edge and be ready to paddle.
- **Prior to 9.00 am**, all paddlers must register with the Car Guard and nominate the Group with which they wish to paddle. The minimum Group size at all times is 3 paddlers.
- **The Pre-Paddle Briefing will be at 9.00 am. All paddlers are to attend.**
- Paddlers will launch their kayaks in the Group order designated at the Briefing.
- Paddlers and other Members and friends are welcome to join together for a picnic lunch after the standard weekly paddle. People provide all their own food and drinks except that the Club provides a sausage and roll on programmed sausage sizzle days and Members may bring a cake or something similar to share when it is their birthday week.

Fri 6 Apr	Deep Water Point – Mt Pleasant – Upstream	
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Park at the upstream end of the main car park. Launch area is the beach adjacent to the car park, about 30m from the car park. Avoid the main water ski take off area which starts just upstream from the boat ramp.

**“A Fast & A Groups”** - Paddle upstream, following the right hand bank and pass under the Mt Henry Bridge. Continue to the end of Bull Creek before turning to follow the foreshore upstream past Shelley Beach. Pass under Shelley Bridge to Lo Quay Kiosk for coffee break. Return directly downstream to Deep Water Point. (Approx 14 km).

**“B Group”** – Paddle upstream, following the right hand bank and pass under the Mt Henry Bridge. May continue up Bull Creek before turning to follow the foreshore to Shelley Beach Reserve for toilet and break OR omit Bull Creek and paddle upstream to Lo Quay Kiosk for coffee break. Return directly downstream to Deep Water Point. (Approx 9.5 km to 12 km).

**“C Group”** - Same direction and route as “B Group” but a suggested reduced paddle of approximately 6 km.

Mon 9 – Sat 14 Apr		Rottneest Camp
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Camp organisers will provide details to participants via email.

Fri 13 Apr	Clarkson Reserve – Maylands - Downstream	School Holidays
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Park adjacent to the toilet block at the end of on the road running to the river from the junction of Clarkson Rd and Hardy Rd. Launch area is about 40 mt from the car park. Meet at the river bank.

**“A Fast and A – Groups”** Paddle downstream past Maylands Peninsula golf course and Belmont Park Racecourse. Continue under Windan Bridge to the Cove on Heirisson Island. Return via same route with coffee stop at Claisebrook Cove. (Approx 13 km total).

**“B Group”** - Downstream past Maylands Peninsula golf course and Belmont Park Racecourse to Maylands Yacht Club for rest stop. It is possible to continue further to Claisebrook Cove for coffee. Return via same route. (Approx 7.5 km or 10.6 km).

**“C Group”** - Same direction and route as “B Group” but a suggested reduced paddle distance of approximately 6 km.

Fri 20 Apr	Johnston St – Peppermint Grove – Downstream	Sausage sizzle School Holidays
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Park in Lilla Street or Johnston St. Launch at beach adjacent to the boat ramp about 30 mt from the boat ramp or 80 mt from Lilla St. Meet on the lawn at Lilla St.

**“A Fast and A Groups”** - Downstream, following the right bank to Chidley Point and on to Point Roe. Assemble and cross the shipping channel en masse. Paddle downstream on left bank to Stirling Bridge or Fremantle Bridge. Return to Dome Café or Zephyr Café for coffee. Return via right bank to a point opposite Chidley Point. Cross the channel en masse toward Mosman Park and return to Johnson St. (Approx 13km).

**“B Group”** - Downstream, following the right bank to Chidley Point and on to Point Roe on RHS. Cross river at red marker in mid river. Assemble and cross the shipping channel en masse. Paddle downstream on left bank to Zephyr Café or Dome Café for coffee. Return via right bank to a point opposite Chidley Point. Cross the channel en masse toward Mosman Park and return to Johnson St. (Approx 10.5 km).

**“C Group”** - Same direction and route as “B Group” but a suggested reduced paddle distance of approximately 6 km.

Fri 27 Apr	Coode St Jetty – South Perth - Upstream	School Holidays Committee meeting
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Park in the carpark left off the end of Coode St and downstream from the Boatshed Café. Launch at the beach about 20 mt from the carpark. Meet on the lawn next to the carpark.

**“A Fast and A Groups”** – Paddle upstream on the city side of Heirisson Island to Maylands Yacht Club. Return for coffee at Claisebrook Cove and return to start point. (Approx 12km).

**“B Group”** - Upstream on the city side of Heirisson Island to Claisebrook Cove for coffee. Return to the start point (Approx 8 km).

**“C Group”** - Same direction and route as “B Group” but a suggested reduced paddle distance of approximately 6 km.

Fri 4 May	Cloughton Reserve – Bayswater - Downstream	
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Park in the carpark at the end of Katanning St. Launch at the river about 20 mt from the carpark. Meet between the carpark and the river.

**“A Fast and A Groups”** - Downstream through Ascot Waters to beach at Water Ski area adjacent to Graham Farmer Freeway. Cross the river and paddle to Tranby House for coffee. Follow the left bank to start point. (Approx 13 km).

**“B Group”** - Downstream through Ascot Waters to left bank near Great Eastern Highway. Cross the river and paddle to Tranby House for coffee. Follow the left bank to start point. (Approx 8 km).

**“C” Group”** - Same direction and route as “B Group” but a suggested reduced paddle distance of approximately 6 km.

Fri 11 May	Ocean - Naval Memorial Park - Rockingham River - Garvey Park – Redcliffe - Downstream	
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**Naval Memorial Park – Rockingham – Town Circuit**

Park in the carpark at Governer Rd Reserve off Rockingham Beach Rd and opposite Governer Road. Launch point is the beach about 80 mt from the car park along a paved then sand track. Meet on the lawn between the carpark and the beach. Toilet, showers, BBQ and shelters on site.

**“A Fast and A Groups”** - Paddle along shoreline past Rockingham Beach, and Palm Beach to Garden Island Causeway. Pass under the causeway to a rest stop on nearby beach just past the boat launch area. Toilets available. Return via causeway and Palm Beach to coffee shops near Cruising Yacht Club. Return to launch area. (Approx 12 km)

**“B Group”** - Paddle along shoreline of Rockingham Beach to Palm Beach for rest stop. Return to coffee shops near Cruising Yacht Club. Return to launch area. (Approx 9 km).

**“C Group”** - Same direction and route as “B Group” but a suggested reduced paddle distance of approximately 6 km.

**Garvey Park – Redcliffe - Downstream**

Park in the carpark behind the Ascot Kayak Club or drop off kayaks there and park in the overflow carpark areas. Launch area is about 30 mt from the Kayak Club. Meet on the concrete apron above the launch area.

**“A” Fast and A Groups”** - Paddle downstream past Claughton Reserve and under Garratt Road Bridge. Turn left into and through Ascot Waters and paddle upstream to Tranby House for coffee. Return direct to launch area. (Approx 12.0 km).

**“B Group”** - Paddle downstream past Claughton Reserve to the beach near Garratt Road Bridge for a rest. Option is to extend downstream to Tranby House for coffee. Return to launch area. (Approx 8.0 km or 10.5 km).

**“C Group”** - Same direction and route as “B Group” but a suggested reduced paddle distance of approximately 6 km.

Fri 18 May	Shelley Foreshore Reserve – Shelley - Upstream	
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Park on Riverton Dr near the toilet block. Launch area is 80 mt from the road. Meet on the lawn downstream from the toilet block.

**“A Fast and A Groups”** - Paddle upstream to Kent Street Weir for coffee. Return to launch area. (Approx 11.6 km).

**“B Group”** - Paddle upstream past Riverton Bridge to the river islands. Return to “Lo Quay Kiosk” at Riverton Bridge for coffee. Return to launch area. (Approx 9.0 km).

**“C Group”** - Same direction and route as “B Group” but a suggested reduced paddle distance of approximately 6 km.

Fri 25 – Sun 27 May	Camp - Murray Bend with Mandurah Over 55s.	Mandurah Camp
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**Murray Bend – Ravenswood - Downstream**

Park at the Boat Ramp and toilet block on Murray Bend Rd at Murray Bend, Ravenswood. Launch area is the boat ramp area. Meet at the launch area.

**“A Fast A Groups”** - Paddle downstream past Ravenswood Hotel, under Freeway bridge, past the Clansman Tavern, mini harbour and Sandy Cove (no coffee here) to beach landing just past the canal entrance at Pelican Café. Walk back over the bridge to Pelican Café for coffee.

Return to launch area. (Approx 14.7 km).

**“B Group”** - Paddle downstream past Ravenswood Hotel, past the bend where the Freeway crosses the river, to the Clansman Tavern and mini harbour on the left for rest. No coffee available here. Return to the launch area. (Approx 8.9 km).

**“C Group”** - Same direction and route as “B Group” but a suggested reduced paddle distance of approximately 6 km.

Fri 25 May	River - Garratt Rd Bridge – Bayswater - Upstream	
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Park at the toilet block at the end of Milne Rd. Launch area is about 30 m from the carpark. Meet on the lawn next to the carpark

**“A Fast and A Groups”** – Paddle upstream past Claughton Reserve, Garvey Park, Sandy Beach Reserve to Point Reserve and return to Ascot Kayak Club Kiosk for coffee. Return to launch area. (Approx 13.2 km).

**“B Group”** - Paddle upstream past Claughton Reserve, Garvey Park, Sandy Beach Reserve and return to Ascot Kayak Club Kiosk for coffee. Return to launch area. (Approx 8.2 km).

**“C Group”** - Same direction and route as “B Group” but a suggested reduced paddle distance of approximately 6 km.

Fri 1 Jun	Point Walter Reserve – Bicton - Upstream	Long weekend
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Park in the boat trailer carpark beyond the end of Burke Drive opposite the first toilet block. Launch area is the beach about 30 mt from the car park. Meet on the lawn next to the carpark.

**“A” Fast & Medium** – Paddle upstream past Applecross Jetty to Canning Bridge beach for coffee break at Raffles Hotel or take-away coffee from IGA. Return to launch area. (Approx 14 km).

**“B” Group** - Paddle upstream past Applecross Jetty to beach near Sea Scout building and land at bottom of steps up to Heathcote for coffee break. Return to launch area. (Approx 10.2 km).

**“C” Group** - Same direction and route as “B Group” but a suggested reduced paddle distance of approximately 6 km.

Fri 8 Jun	Club Anniversary Lunch	
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Fri 15 Jun	Ocean - Mersey Point – Shoalwater River – Maylands Yacht Club - Upstream	
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**Mersey Point – Shoalwater – Ocean paddle**

Park at the northern end of the Mersey Point car park off Arcadia Dve, not next to the kiosk. Launch area is the beach. Meet on the ocean side of the carpark.

**“A Fast and A Groups”** - Leaders Choice.

**“B Group”** - Leaders Choice.

**“C Group”** - Leaders Choice

**Maylands Yacht Club – Maylands - Upstream**

Park in the Yacht Club carpark at the end of East Street. Launch area is the beach 50 mt from the carpark. Meet on the lawn adjacent to the carpark.

**“A Fast and A Groups”** – Paddle upstream through Ascot Waters and then to about Garratt Dr Bridge and return downstream to Tranby House for coffee. Return to launch area. (Approx 12.5 km).

**“B Group”** – Paddle upstream to Tranby House for coffee. Return to launch area. (Approx 9 km).

**“C Group”** - Same direction and route as “B Group” but a suggested reduced paddle distance of approximately 6 km.

Fri 22 Jun	Deep Water Point – Mt Pleasant - Downstream	Committee meeting
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Park at the upstream end of the main car park. Launch area is the beach adjacent to the car park, about 30m from the car park. Avoid the main water ski take off area which starts just upstream from the boat ramp. Meet on the lawn between the carpark and the beach.

**“A” Fast & Medium** – Paddle downstream and under Canning Bridge and follow the right bank to Como Jetty. Continue to the Point, near the city end of the golf course then cross the river to the beach downstream from Point Heathcote and land near the stairs up to Heathcote which are just upstream from the Sea Scouts building. Climb the stairs to Blue Waters café for coffee. Return on right side of river to launch area. (Approx 12.0 km).

**“B” Group** - Paddle downstream and under Canning Bridge and follow the right bank to Como Jetty. Cross the river to the beach downstream from Point Heathcote and land near the stairs up to Heathcote which are just upstream from the Sea Scouts building. Climb the stairs to Blue Waters café for coffee. Return on right side of river to launch area. (Approx 8.0 km).

**“C” Group** - Same direction and route as “B Group” but a suggested reduced paddle distance of approximately 6 km.

Fri 29 Jun	Shelley Foreshore Reserve – Shelley - Downstream	Safety Rules and Procedures
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Park on Riverton Dr near the toilet block. Launch area is 80 mt from the road. Meet on the lawn downstream from the toilet block.

**“A Fast and A Groups”**– Paddle downstream to Mt Henry Bridge and then Canning Bridge to South of Perth Yacht Club. Return under Canning Bridge to the beach at the boat sheds. Takeaway coffee is available at the IGA. Return to launch area. (Approx 12 km).

**“B Group”** – Paddle downstream to Mt Henry Bridge to the beach at the boat sheds just before Canning Bridge. Takeaway coffee is available at the IGA. Return to launch area. (Approx 10 km).

**“C Group”** – Paddle downstream to Deep Water Point for refreshment break. Return. (Approx 7.5 km).

### Annual Special Events Calendar

February	Club Restaurant Dinner	Sat 10	
February	Sausage sizzle	Friday 16	
April	Sausage sizzle	Fri 20	
April	Rottnest Camp	Mon 9 – Sat 14	
May	Mandurah Camp	Fri 25– Sun 27	
June	Club Anniversary Lunch	Fri 8 Jun	
Aug-Sep	Possible Kalbarri Holiday Week	To be determined	Expressions of interest to Kevin Hall
September	Club Restaurant Dinner	Sat 15	
October	Family Picnic	Fri 5 Oct	

October	Moore River Camp	Sat 13 – Sun 14	
October	Travel Talks	Wed 24	
November	Walpole Camp	Sun 4 - Fri 9	
November	Christmas Lunch	Fri 23	