



Newsletter

Nov
2016

Welcome to this newsletter one and all, and a special welcome to all new members whom I hope will feel free to contribute with some creative writing. As mentioned and displayed in the last newsletter the paddle prior to Christmas was a very decorative affair for boats and paddlers. Hopefully competition will be as fierce this year with many creative and adorned crafts.

Moore River Weekend

Pam has kindly provided some statistics on the Moore River weekend which was well attended on October 14th and 15th. We occupied 3 houses, with the Captain's Cabin on the hill accommodating 11 people, the Poop Deck below holding 8 stalwarts and the Men's Shed around the corner surprisingly housing three men. Two hardy souls braved the mighty winds to camp in the nearby caravan park. There were 22 paddlers on Saturday who launched their boats half-way along the Moore River and paddled upstream to the source. On Sunday, which was a glorious calm day, we launched from the river mouth and proceeded to the half-way point. Morning tea was consumed at the Biekie's Retreat bathed in much welcomed sunshine. Sunday's paddle also saw three reprobates climb to the top of the sand dunes. One reported a spectacular view from the top, another claimed his feet were more painful when he had finished the climb than when he started and the other was so young he just breezed on by..... The Country Club provided a meal on the Saturday evening for 27 members which included 4 members who travelled up from Perth to join us. Thanks so much to the organisers for enabling a great weekend. I imagine the event will be on next year's calendar??



(Photo courtesy of Kevin – Setting out on Day1)



(Photo courtesy of Ken – The serene Moore River)

Family Day

The popular family day was held again in October at Johnson Street. Lots of family members attended and had a great time demonstrating their paddling skills and playing on the children's equipment. The food as always was delicious with plenty of sausages, sauces, fresh bread and cakes. Once again thank you very much to the organisers and cooks who work so hard to make these events a great success. Below is a picture of proud Grandma Iris with her daughter Louise's latest addition called Evie.


(Picture courtesy of Rosemary)



Foray to the South

Some members of the kayak club were lucky enough to travel to Fitzgerald National Park and Esperance on a kayaking trip lead by Rosemary. The wind was very kind to us and paddling was undertaken on various rivers and inlets in Bremer Bay, Fitzgerald and Esperance. Whales abounded as did wildflowers and birds. When we travelled from Fitzgerald to Esperance we stopped at the wheat bins in Ravensthorpe and watched the painters as they put the final touches on the wheat bins. They looked spectacular as you can see in the photos below.

(Photo courtesy of Form)




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SIX STAGES OF BANKSIA BAXTERI
AMOK ISLAND | RAVENSTHORPE, WESTERN AUSTRALIA

PUBLIC ART IN RAVENSTHORPE: FILM RELEASE

PUBLIC Art in Ravensthorpe's Six Stages of Banksia baxteri is a 25-metre high wildflower inspired mural across three CBH Group grain silos in Ravensthorpe, Western Australia by Fremantle-based artist Amok Island. Each side of the three silos shows a different stage in the flowering cycle of this species of Banksia, which is only found between Esperance and Albany. From flower buds to full bloom to seedpods developing, drying out and opening. The animals are this species' main pollinators; the Honey Possum and New Holland Honeyeater. The artwork encircles the three silos infinitely, with the final silo marking the beginning once again of the first, making a connection with the cycle of the seasons and grain farming processes this area is known for. This film, shot for FORM by Peacock Visuals in August and September 2016, documents Amok Island's 31 days painting and finished mural.



Travel Evening

We had 43 attendees at the recent travel evening which we all agreed was a great success. The food was ample and delicious, coupled with informative and amusing speakers. There were four diverse topics ranging from the Canning Stock Route to Patagonia and then on to Europe and down to our neighbours in New Zealand. Jan talked about the Canning Stock Route which was picturesque with green hues due to the recent rains. During Jan's travels she met a bicycle on the route with solar panels which were presumably aimed at reducing the cyclist's workload.

Patagonia was the travel destination of Bob and Iris. Gerald Durrell's book called "The Whispering Land" describes the animals and winds in Patagonia. Gerald Durrell was the founder of the Jersey Zoo and visited Patagonia to collect animals for his zoo. Gerald slept under his vehicle in the book with only a blanket for warmth. The winds lived up to their reputation while Bob and Iris were there with extremely strong gales bowling over the intrepid walkers. Andy's European talk revolved around trains – a yellow one in particular and posters – but was very interesting. His twin lives in France and the duo often holiday together and

have an adventurous time. The club members who visited New Zealand a couple of years ago, enjoyed kayaking in many different places and tramped on the mountain trails.

Christmas Lunch

The club's Christmas lunch will be held at the Bassendean Hotel, Bassendean on 25 November. The Bassendean offers a three course set menu with a prawn cocktail entrée, slow roasted, stuffed and rolled turkey with all the trimmings as a main course followed by a traditional Christmas pudding with brandy crème Anglaise sauce! The Bassendean train station is about 100 m away - but there is ample free parking for the well-heeled! Meet at the upstairs bar by 12.00 pm, for a 12.30 pm start.

Costs: Members \$30: Associates & Non members \$35.

Please EFT to the Club Account **before 18 November**: 'Over 45s Social Canoe Club Inc.'

BSB: 086 334 Acc No. 69192 0892 and remember, please PUT your name and 'Lunch' in the reference box



(Photo before a club paddle, courtesy of Denise)

Special Safety Report

Every year the club has a Special Safety Day, however it is a good idea to remind members of the following requirements.

Overhang Legislation - limits and requirements to comply - Rear Projections

- (1) The rear of a load on a vehicle must carry a warning signal **if the load** —
 - (a) projects more than 1.2 m behind the vehicle;
 - (b) projects to the rear of the vehicle so that the end of the load cannot be seen easily from behind; or
 - (c) is on a pole-type trailer.

(2) In daytime, the warning signal must be a brightly coloured flag or piece of material, with each side at least 300 mm long.

(3) At night-time, the warning signal must be a light showing a clear red light visible at a distance of 200 m.

Tow Rope Fitting

The Club requires members to have a tow rope to assist other members in emergencies. The minimum requirement is a bow tether point - a sturdy carry handle will do, and a rope accessible from the cockpit preferably with a snap-clip [as below]. Some new kayaks have built-in attachment points - see photo. Otherwise a rope around the cockpit coaming can be used effectively as a tether. The rear carry handle makes a poor tether point as it compromises steering.



Tow-Ropes

Club approved tow-ropes are available for just \$11 ea for five m of five mm diameter floating Polypropylene rope with a stainless steel snap-clip. Shortened for neat stowage with quick release 'chain-knotting'. See Alan

Household Batteries.

Bring them along to paddling where Alan will be more than happy to collect and dispose of them for you. The World Health Organisation advises that cadmium has toxic effects on the kidneys, the skeletal system and the respiratory system. It is classified as a human carcinogen. But there is another reason to keep batteries out of landfill. The metals in batteries, including zinc, nickel, silver and cadmium, can be recovered and reused.

Stamps

Don't bin your 'snail mail' envelopes; if they have the quaint appellations called stamps, bring them to paddling where Alan will be pleased to collect them. The Uniting Church generates cash from the sales to fund an aircraft and 3 mini buses for the disadvantaged in the Pilbara & Kimberley.

Vale

On 15th April we celebrated Karin Frederickson's 80th birthday, after the Friday paddle, with a sausage sizzle, a vast array of cakes and slices to commemorate this very special occasion (see photo below). Unfortunately, Karin who was a member for 14 years, lost her battle with cancer recently. Thanks to Selina for supplying the following information which has been edited. Karin left Germany at the age of 17 to work

for her uncle in Namibia (Southern Africa) and then moved to Johannesburg, where she embraced the country, terrain and party life for a few years. While there she met and married. In the 1960's she had to make several return trips to Germany from Africa due to her parents/grandparents ill health. Because the plane engine could only operate for 1/2 day it would take 4 days to get home! Karin loved it because it allowed for sightseeing and parties in various cities en route. Karin had also mentioned an incident when an elephant chased her car. Karin wasn't sure who was more frightened. Karin loved adventure and embraced life. Karin eventually came to WA by ship and settled in Perth.

Selina believes Karin was one of the founding members of the Polar Bears who meet daily at Leighton Beach to swim. Karin was the treasurer of the Polar Bears for what seemed like countless years and also served as our club treasurer for a time. She loved doing the bookwork and certainly ensured that the subsidies were paid on time and that adequate funding was available for the many parties which the Polar Bears organised. In fact, she ran a tight ship with the club finances and could be quite blunt to keep everything shipshape! (Well done Karin – we probably need leaders/teachers with a bit more resolve in life these days??) Any excuse for a party/celebration at the beach. Many times Karin expressed the Polar Bears were her family.

In her youth, Karin, played squash, kayaked, was also a regular attendee at aquarobics classes and a cycling group. Camping was another pastime she loved with kayaking club, family and friends. She kept in touch with club friends regularly. Karin loved entertaining in her younger days – and was very welcoming and hospitable. She enjoyed cooking and always treated her grandchildren with biscuits and cakes. In fact, last year she met a couple of German backpackers struggling to find accommodation whilst having their car repaired so Karin immediately offered her spare bedroom -they stayed for a week. Karin left behind two children and six grandchildren.



New Light Kayak Anyone?

Stellar Kayaks WA

There is now a contact person in Perth for Stellar kayaks. He is Kerry Hughes; Ph: 0418 916 344; Email: hugheskw@westnet.com.au in Cottesloe. You can try before you buy if you contact him. Think about saving those aging shoulders, knees and backs!

Epic Kayaks WA

Distribution for Epic kayaks in Perth and Mandurah.

Canoeing Down Under, Terry Bolland; Ph: 0472 720 243; Email: terry@canoeingdownunder.com.au

DVD on Paddling Strokes

There is a DVD available to all club members demonstrating paddling strokes. Please contact Pam, Blair or Judy to organize to borrow the DVD and perhaps become a more efficient paddler!!

Oldies but Goodies

Twice a week we go to a nice restaurant have a little beverage, good food and companionship. She goes on Tuesdays, I go on Fridays.

I take my wife everywhere, but she keeps finding her way back.

I haven't spoken to my wife in 18months. I don't like to interrupt her.

